

Attachment B5

**Draft Open Space, Sport and Recreation
Needs Strategy 2026 – Volume 2, p294-327**

Open space - upgrade		Village/activity hub	Setting	Open space area (m²)	Date upgraded
72	Joynton Park	Green Sq & City Sth	Park		2017
73	Gateway Building Reserve	CBD & Harbour	Civic		2018
74	Martin Place (Stage 1)	CBD & Harbour	Civic		2018
75	Parkham Street Reserve	Crown & Baptist Sts	Street closure		2018
76	Victoria Park	Redfern St	Park		2018 2012 2010
77	Waterloo Park & Mount Carmel	Green Sq & City Sth	Park		2016 2006
78	Observatory Hill Park	CBD & Harbour	Foreshore park		2025 2015 2015
79	Glebe Foreshore Parks - Crescent lands NEW	Glebe Point Rd	Park		2024 2021
80	Barracks Reserve	Oxford St	Park		2020
81	Cardigan Street Park	Glebe Point Rd	Park		2020
82	Charles Kernan Reserve	Redfern St	Park		2020 2010
83	Pirrama Park	Harris St	Foreshore park		2020
84	WJ Thurbon Reserve	King St	Park		2020 2009
85	Womerah Gardens	Oxford St	Park		2020
86	Beaconsfield Park	Green Sq & City Sth	Park		2021
87	Glebe Foreshore Parks - Bicentennial Parks 1 & 2, Jubilee Park & Oval, Federal Park 1 & Sportsfield, Pope Paul VI Reserve	Glebe Point Rd	Foreshore park		2021 2013
88	Hyde Park South	CBD & Harbour	Park		2021 2019 2016
89	Clyne Reserve	CBD & Harbour	Park		2022

Open space - comprehensive upgrade		Village/activity hub	Setting	Open space area (m²)	Date upgraded
90	Hyde Park North	CBD & Harbour	Park		2023 2016
91	The Green	Green Sq & City Sth	Park		2023
92	Tote Park	Green Sq & City Sth	Park		2023
93	Mrs Isabella Hill Rest Area	King St	Park		2024
94	Edmund Resch Reserve	Crown & Baptist Sts	Park		2025
95	Turruwul Park	Green Sq & City Sth	Park		2016
96	Glebe Street Playground				2026
97	Wimbo Park				2024
98	Robyn Kemmis Reserve				2026
99	Kirsova 3 playground				2026
100	May Pitt Reserve				2026
101	Mountain Street reserve				2026
102	Thomas Portley Reserve				2026
103	Adelaide Street reserve				2026
104	Baptist Street Reserve				2026
105	Cooper Street Reserve				2026
106	Edgely Street Reserve				2026
107	Gunyama Park Playground				2026
108	Harry Noble Reserve				2026
109	Minogue Reserve				2026
110	Ada Villa Terrace				2026
111	Hyde Park lighting and power				2026

116projects -- multiple projects with larger parks such as Sydney park

Appendix 5

Sport and recreation participation data

DRAFT

Participation rates in NSW

An estimated 5,955,004 individuals or 85% of people aged over 15 in NSW participated in some type of sport or physical activity at least once between July 2025 and June 2025.

Higher participation rates were recorded for both informal and non-sport related activities than those recorded for recreational and organised sports.

It is also estimated that 4,633,501 or 66.2% of people aged over 15 participated at least once a week and 3,293,869 or 47% participated at least three times a week.

Figure 49: No of adult participants and participation rates in NSW (July 2024/ June 2025)

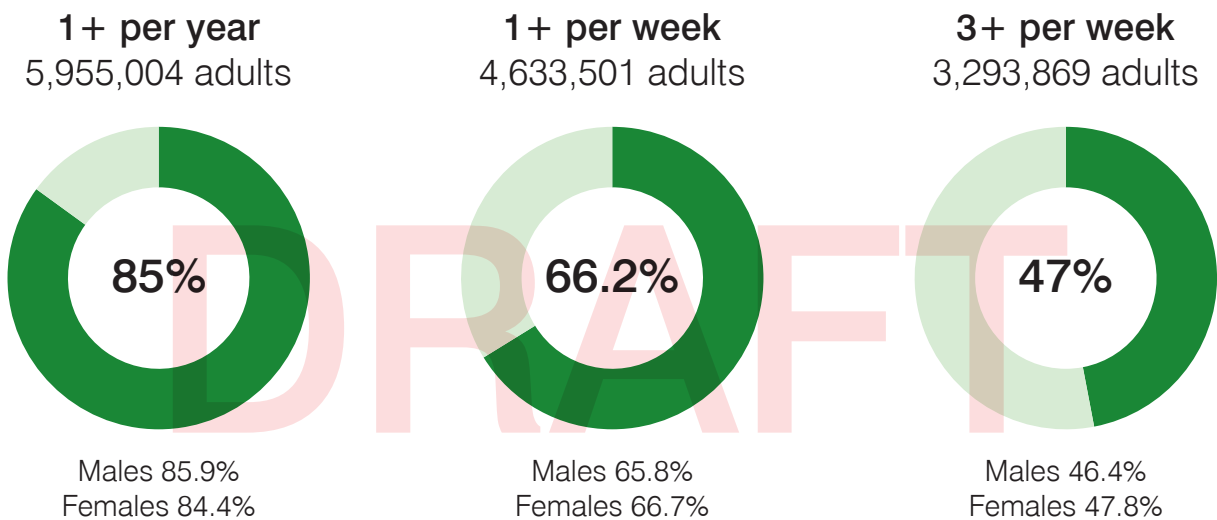


Figure 50: No of child participants and participation rates in NSW (July 2024/ June 2025)

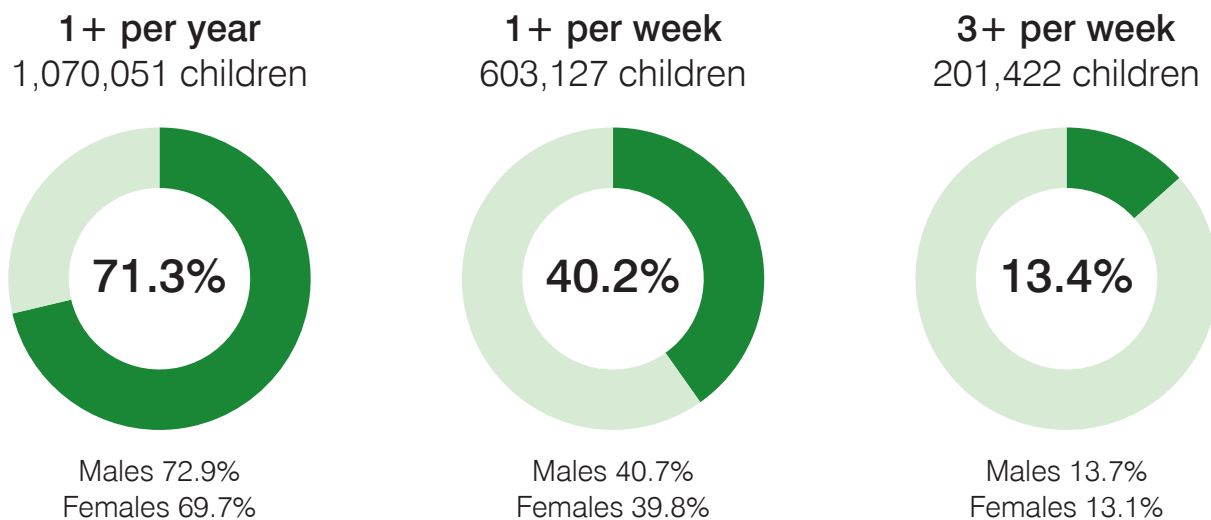


Figure 51: Participation rates for adults in NSW by activity type (July 2024/ June 2025)

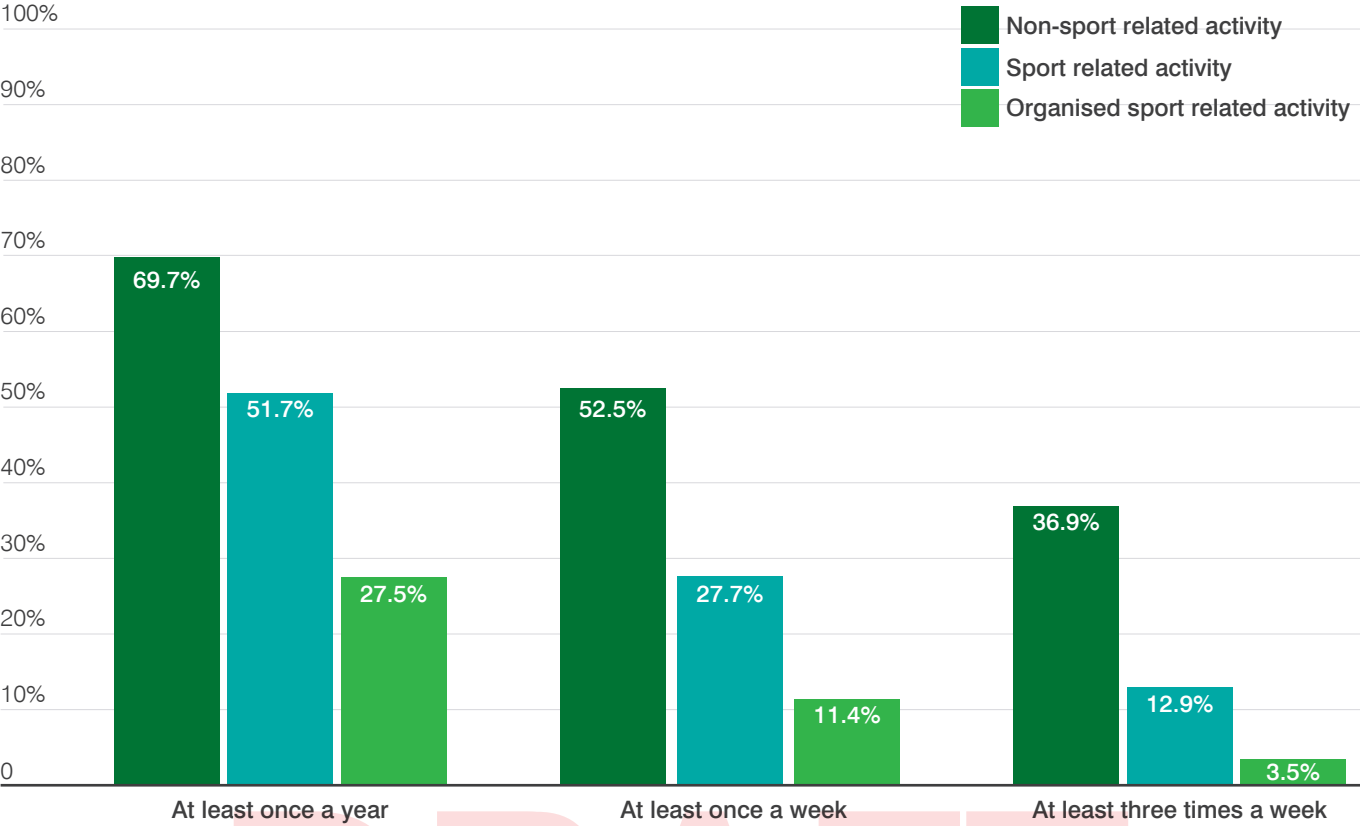
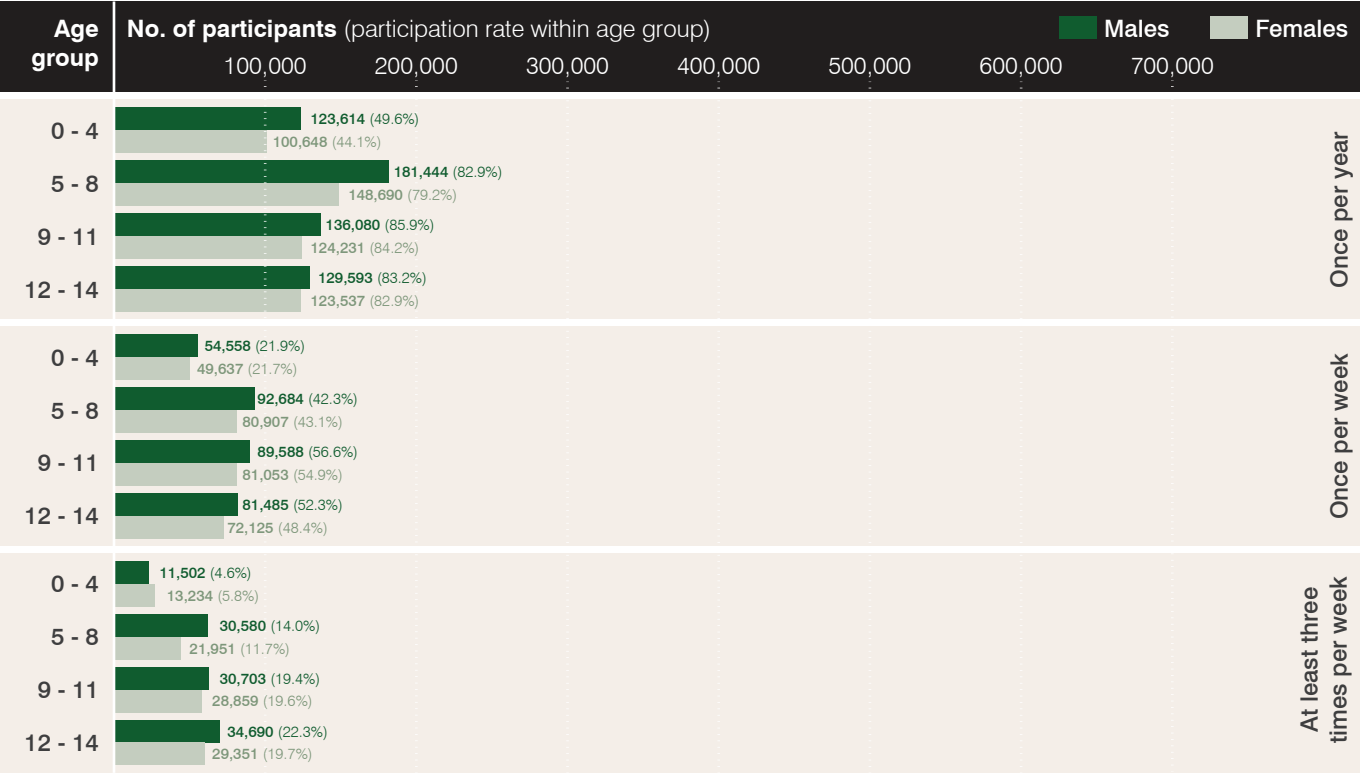


Figure 52: No of participants and participation rates for children in NSW by gender and age group (July 2024/ June 2025)



Top places for sport and recreation

Table 23: Top places for sport and recreation for adults (aged 15+)

Top places of participation for adults	% of adults
Public spaces	61.0%
Home/friend or family member’s home	29.2%
Gym/fitness club/sports or leisure or aquatic centres	28.5%
Free community facilities	21.9%
Sports club or association facilities	18.5%
Private or commercial premises	16.3%
Recreational club or associated facilities	9.6%
Educational institutional facilities	6.6%
Workplace	6.6%
Other	2.9%

Table 24: Top places for sport and recreation for children (aged 0 to 14)

Top places of participation for children	% of children
Sports club or association facilities	26.2%
Gym/fitness club/sports or leisure or aquatic centres	19.6%
Private or commercial premises	19.0%
Public spaces	16.8%
Free community facilities	16.5%
Educational institutional facilities	13.2%
Home/friend or family member's home	11.2%
Recreational club or associated facilities	10.5%
Other	1.0%

Top recreation activities for adults

Table 25: Top sport and recreation activities for adults (aged 15+)

Top 5 activities for adults	Number	Participation rate
Walking (recreational)	3,377,412	48.2%
Fitness/ gym	2,072,040	29.6%
Bushwalking	1,206,958	17.2%
Swimming	1,181,365	16.9%
Running/ jogging	1,094,691	15.6%

Table 26: Top 5 recreation activities for men

Top 5 activities for men	Number	Participation rate
Walking (recreational)	1,388,321	40.3%
Fitness/ gym	969,503	28.2%
Running/ jogging	627,239	18.2%
Swimming	562,066	16.3%
Bushwalking	552,264	16.0%

Table 27: Top 5 recreation activities for women

Top 5 activities for women	Number	Participation rate
Walking (recreational)	1,975,606	56.0%
Fitness/ gym	1,098,461	31.1%
Bushwalking	652,182	18.5%
Swimming	611,835	17.3%
Running/ jogging	464,841	13.2%

Top 5 organised sport and recreation activities

Table 28: Top 5 organised sport and recreation activities for adults (aged 15+)

Top 5 organised activities for adults	Number	Participation rate
Fitness/ gym	854,060	12.2%
Running/ jogging	338,248	4.8%
Football/ soccer	332,395	4.7%
Pilates	323,299	4.6%
Walking (recreational)	288,601	4.1%

Table 29: Top 5 organised sport and recreation activities for men

Top 5 organised activities for men	Number	Participation rate
Fitness/ gym	330,593	9.6%
Football/ soccer	241,230	7.0%
Running/ jogging	188,159	5.5%
Golf	156,370	4.5%
Walking (recreational)	106,922	3.1%

Table 30: Top 5 organised sport and recreation activities for women

Top 5 organised activities for women	Number	Participation rate
Fitness/ gym	522,896	14.8%
Pilates	291,193	8.3%
Walking (recreational)	180,744	5.1%
Yoga	166,369	4.7%
Running/ jogging	149,604	4.2%

Table 31: Top 5 organised sport and recreation activities for children (aged 0 to 14)

Top 5 organised activities for children	Number	Participation rate
Swimming	373,104	24.9%
Football/ soccer	274,896	18.3%
Gymnastics	96,621	6.4%
Dancing (recreational)	94,503	6.3%
Basketball	82,691	5.5%

Table 32: Top 5 organised sport and recreation activities for boys

Top 5 organised activities for boys	Number	Participation rate
Football/ soccer	198,779	25.4%
Swimming	187,709	24.0%
Basketball	61,195	7.8%
Cricket	38,091	4.9%
Rugby league	35,593	4.5%

Table 33: Top 5 organised sport and recreation activities for girls

Top 5 organised activities for girls	Number	Participation rate
Swimming	184,305	25.9%
Dancing (recreational)	82,443	11.6%
Gymnastics	77,612	10.9%
Football/ soccer	76,117	10.7%
Netball	56,030	7.9%

Top 5 motivations for sport and recreation participation

Table 34: Top 5 motivations for sport and recreation participation for adults (aged 15+)

Top 5 motivations for participation for adults	Number	Participation rate
Physical health	3,874,600	65.1%
Fun/ enjoyment	3,451,465	58.0%
To lose weight/ keep weight off/ tone	3,075,727	51.6%
To be outdoors/ to enjoy nature	3,057,680	51.3%
To socialise with friends/ other people	2,395,439	40.2%

Note: Participation motivation for children under 15 years of age not collected

Top 5 barriers for sport and recreation participation

Top 5 barriers to participation for adults	Number	Participation rate
Age - too old/ too young	258,234	24.7%
Poor health	197,342	18.9%
Too lazy	158,180	15.1%
Disability	148,007	14.1%
No reason in particular	129,673	12.4%

Figure 53: For 5 barriers to sport and recreation participation for adults (aged 15+)

Top 5 barriers to participation for children	Number	Participation rate
Age - too young	197,387	45.8%
Can't afford it/ can't afford transport costs	38,537	8.9%
Don't like sport/ physical activity	36,185	8.4%
No reason in particular	33,222	7.7%
Already does enough physical activity	28,338	6.6%

Figure 54: Top 5 barriers to sport and recreation participation for children (aged 0 to 14)

Key takeouts

- In inner-city and high-density areas, recreation participation is increasingly shaped by limited private open space, compact living and proximity to employment.
- Residents, workers and visitors rely heavily on public parks, streets and foreshore areas for daily exercise, socialising and wellbeing. Demand is strongest for informal, flexible activities such as walking, running, cycling, gym-based fitness, swimming and outdoor fitness, which can be undertaken casually and close to home or work.
- Emerging activities in high-density areas include sports such as pickleball, padel tennis and casual basketball, alongside yoga, pilates and fitness training delivered in parks, plazas and multi-use spaces.
- Mountain biking is a highly popular and growing recreation activity, attracting a broad age range and strong repeat participation, with increasing demand for well-designed trail networks that support beginner to advanced skill levels, nature-based experiences, and regional tourism.
- Roller derby is an inclusive, predominantly women-led sport with a strong emphasis on community, empowerment, and participation, maintaining steady popularity through grassroots leagues that generate ongoing demand for accessible indoor hard-court facilities for training and competition.
- Urban sports—including skateboarding, BMX, parkour, 3x3 basketball, and climbing—are experiencing significant growth in participation, driven by their accessible, non-organized, and lifestyle-oriented nature.
- There is also growing use of streets and waterfronts for walking, running and cycling.

Figure 55: Table XX. AusPlay survey results January 20024 - December 2024: Participation by activity (adults)

Activity	Persons		Males		Females	
	Number	Participation rate (%)	Number	Participation rate (%)	Number	Participation rate (%)
Adventure racing	9,280 *	0.1% *	6,630 *	0.2% *	1,603 **	0.0% **
Air sports	25,857	0.4%	17,269	0.5%	8,587 *	0.2% *
Archery	16,887	0.2%	9,807 *	0.3% *	7,081 *	0.2% *
Athletics, track and field	92,013	1.3%	64,809	1.9%	27,204	0.8%
Australian football	93,145	1.3%	61,961	1.8%	30,682	0.9%
Badminton	137,928	2.0%	84,452	2.5%	53,477	1.5%
Baseball	24,974	0.4%	16,519	0.5%	8,455 *	0.2% *
Basketball	317,183	4.5%	234,434	6.8%	82,749	2.3%
Baton twirling	2,399 **	0.0% **	1,473 **	0.0% **	927 **	0.0% **
Biathlon	2,073 **	0.0% **	1,436 **	0.0% **	636 **	0.0% **
Billiards/Snooker/Pool	20,925	0.3%	12,350	0.4%	8,575 *	0.2% *
BMX	2,601 **	0.0% **	1,649 **	0.0% **	952 **	0.0% **
Bobsledding	0 **	0.0% **	0 **	0.0% **	0 **	0.0% **
Bocce/Boules	1,656 **	0.0% **	936 **	0.0% **	719 **	0.0% **
Boccia	0 **	0.0% **	0 **	0.0% **	0 **	0.0% **
Body building	1,701 **	0.0% **	1,277 **	0.0% **	424 **	0.0% **
Boomerang throwing	0 **	0.0% **	0 **	0.0% **	0 **	0.0% **
Bowls	69,638	1.0%	43,392	1.3%	26,246	0.7%
Boxing	56,356	0.8%	34,267	1.0%	21,581	0.6%
Broomball	542 **	0.0% **	542 **	0.0% **	0 **	0.0% **
Bush walking	1,206,958	17.2%	552,264	16.0%	652,182	18.5%
Calisthenics	18,365	0.3%	16,331	0.5%	2,033 **	0.1% **
Campdrafting	1,827 **	0.0% **	329 **	0.0% **	1,498 **	0.0% **
Canoeing/Kayaking	83,427	1.2%	39,784	1.2%	43,643	1.2%
Circus	2,101 **	0.0% **	596 **	0.0% **	1,505 **	0.0% **
Cricket	176,479	2.5%	151,091	4.4%	25,388	0.7%
Croquet	4,572 *	0.1% *	3,726 *	0.1% *	846 **	0.0% **
Crossfit	46,154	0.7%	19,908	0.6%	26,246	0.7%
Curling	0 **	0.0% **	0 **	0.0% **	0 **	0.0% **
Cycling	500,159	7.1%	306,891	8.9%	189,500	5.4%
DanceSport	83,846	1.2%	11,337	0.3%	72,509	2.1%
Dancing (recreational)	114,280	1.6%	23,735	0.7%	88,048	2.5%
Darts	8,537 *	0.1% *	6,408 *	0.2% *	2,128 **	0.1% **
Diving	1,917 **	0.0% **	1,116 **	0.0% **	801 **	0.0% **
Dodgeball	7,483 *	0.1% *	3,620 *	0.1% *	3,863 *	0.1% *
Dragon boat racing	7,376 *	0.1% *	3,220 *	0.1% *	4,156 *	0.1% *
Eight ball	1,927 **	0.0% **	528 **	0.0% **	1,399 **	0.0% **
Equestrian	32,816	0.5%	3,594 *	0.1% *	28,708	0.8%

Activity	Persons		Males		Females	
	Number	Participation rate (%)	Number	Participation rate (%)	Number	Participation rate (%)
eSports	23,109	0.3%	15,814	0.5%	6,868 *	0.2% *
Fencing	5,056 *	0.1% *	2,697 **	0.1% **	2,359 **	0.1% **
Fishing (recreational)	90,057	1.3%	66,370	1.9%	23,129	0.7%
Fitness/Gym	2,072,040	29.6%	969,503	28.2%	1,098,461	31.1%
Floorball	501 **	0.0% **	501 **	0.0% **	0 **	0.0% **
Flying disc	21,246	0.3%	11,867	0.3%	9,379 *	0.3% *
Football/soccer	497,814	7.1%	376,529	10.9%	119,700	3.4%
Gaelic football	3,811 *	0.1% *	3,315 *	0.1% *	496 **	0.0% **
Geocaching	1,061 **	0.0% **	1,061 **	0.0% **	0 **	0.0% **
Goalball	0 **	0.0% **	0 **	0.0% **	0 **	0.0% **
Golf	346,908	5.0%	275,633	8.0%	70,698	2.0%
Gridiron	3,511 *	0.1% *	2,671 **	0.1% **	840 **	0.0% **
Guides	0 **	0.0% **	0 **	0.0% **	0 **	0.0% **
Gymnastics	31,973	0.5%	13,174	0.4%	18,314	0.5%
Handball	16,579	0.2%	9,523 *	0.3% *	7,055 *	0.2% *
Harness racing	0 **	0.0% **	0 **	0.0% **	0 **	0.0% **
Hockey	31,856	0.5%	15,266	0.4%	16,590	0.5%
Horse racing	1,294 **	0.0% **	348 **	0.0% **	946 **	0.0% **
Ice hockey	6,564 *	0.1% *	3,875 *	0.1% *	2,689 **	0.1% **
Ice racing/speed skating	1,079 **	0.0% **	1,079 **	0.0% **	0 **	0.0% **
Ice skating	24,064	0.3%	11,415	0.3%	12,649	0.4%
Jet skiing	2,663 **	0.0% **	1,053 **	0.0% **	1,610 **	0.0% **
Judo	4,588 *	0.1% *	1,123 **	0.0% **	3,465 *	0.1% *
Jujitsu	15,957	0.2%	12,807	0.4%	3,149 *	0.1% *
Karate	14,735	0.2%	8,226 *	0.2% *	5,980 *	0.2% *
Kendo	683 **	0.0% **	683 **	0.0% **	0 **	0.0% **
Kitesurfing/ kiteboarding	1,114 **	0.0% **	529 **	0.0% **	586 **	0.0% **
Korfball	0 **	0.0% **	0 **	0.0% **	0 **	0.0% **
Kung fu wushu	1,089 **	0.0% **	1,089 **	0.0% **	0 **	0.0% **
Lacrosse	566 **	0.0% **	566 **	0.0% **	0 **	0.0% **
Lifesaving royal	0 **	0.0% **	0 **	0.0% **	0 **	0.0% **
Lifesaving surf	14,280	0.2%	13,033	0.4%	1,246 **	0.0% **
Luging	0 **	0.0% **	0 **	0.0% **	0 **	0.0% **
Marching	1,106 **	0.0% **	525 **	0.0% **	580 **	0.0% **
Martial arts	33,516	0.5%	13,310	0.4%	20,206	0.6%
Mixed martial arts	3,742 *	0.1% *	3,269 *	0.1% *	473 **	0.0% **
Modern pentathlon	0 **	0.0% **	0 **	0.0% **	0 **	0.0% **
Motor cycling	86,887	1.2%	59,798	1.7%	27,090	0.8%
Motor sport	17,825	0.3%	14,075	0.4%	3,750 *	0.1% *
Mountain biking	42,043	0.6%	31,176	0.9%	9,711 *	0.3% *
Mountain climbing	6,236 *	0.1% *	2,747 *	0.1% *	3,489 *	0.1% *

Activity	Persons		Males		Females	
	Number	Participation rate (%)	Number	Participation rate (%)	Number	Participation rate (%)
Muay Thai	7,785 *	0.1% *	3,244 *	0.1% *	4,541 *	0.1% *
Netball	141,644	2.0%	19,094	0.6%	122,550	3.5%
Obstacle	2,729 **	0.0% **	1,106 **	0.0% **	1,623 **	0.0% **
Orienteering	2,109 **	0.0% **	1,567 **	0.0% **	542 **	0.0% **
Outrigger canoe	3,880 *	0.1% *	3,332 *	0.1% *	547 **	0.0% **
Oztag	47,017	0.7%	25,983	0.8%	21,035	0.6%
Paddle sports	17,303	0.2%	9,405 *	0.3% *	7,898 *	0.2% *
Paintball	3,102 *	0.0% *	2,597 **	0.1% **	505 **	0.0% **
Parkour	501 **	0.0% **	501 **	0.0% **	0 **	0.0% **
Petanque	876 **	0.0% **	536 **	0.0% **	340 **	0.0% **
Physical Culture	7,056 *	0.1% *	1,046 **	0.0% **	6,010 *	0.2% *
Pickleball/padel	81,367	1.2%	44,833	1.3%	36,081	1.0%
Pilates	418,064	6.0%	35,361	1.0%	381,683	10.8%
Polo	0 **	0.0% **	0 **	0.0% **	0 **	0.0% **
Polocrosse	0 **	0.0% **	0 **	0.0% **	0 **	0.0% **
Pony Club	1,772 **	0.0% **	867 **	0.0% **	905 **	0.0% **
Powerlifting	1,535 **	0.0% **	0 **	0.0% **	1,535 **	0.0% **
Ready Steady Go Kids	1,777 **	0.0% **	1,256 **	0.0% **	521 **	0.0% **
Rock climbing/ Abseiling/Caving	39,167	0.6%	21,284	0.6%	16,791	0.5%
Rodeo	0 **	0.0% **	0 **	0.0% **	0 **	0.0% **
Rogaining	0 **	0.0% **	0 **	0.0% **	0 **	0.0% **
Roller Derby	0 **	0.0% **	0 **	0.0% **	0 **	0.0% **
Rope skipping	11,306	0.2%	5,595 *	0.2% *	5,711 *	0.2% *
Rowing	40,992	0.6%	22,731	0.7%	18,261	0.5%
Rugby league	77,217	1.1%	62,747	1.8%	14,470	0.4%
Rugby union	29,666	0.4%	25,306	0.7%	4,360 *	0.1% *
Running/jogging	1,094,691	15.6%	627,239	18.2%	464,841	13.2%
Sailing	26,414	0.4%	18,591	0.5%	7,823 *	0.2% *
Scotering	9,999 *	0.1% *	2,587 **	0.1% **	7,412 *	0.2% *
Scouts	1,726 **	0.0% **	1,726 **	0.1% **	0 **	0.0% **
Sepak takraw	0 **	0.0% **	0 **	0.0% **	0 **	0.0% **
Shooting/field	15,136	0.2%	14,272	0.4%	864 **	0.0% **
Shooting/range	10,171 *	0.1% *	7,590 *	0.2% *	2,581 **	0.1% **
Skate	26,905	0.4%	11,267	0.3%	15,638	0.4%
Skeleton	0 **	0.0% **	0 **	0.0% **	0 **	0.0% **
Ski & snowboard	90,829	1.3%	53,548	1.6%	37,281	1.1%
Skirmish	0 **	0.0% **	0 **	0.0% **	0 **	0.0% **
Softball	10,737 *	0.2% *	3,272 *	0.1% *	7,465 *	0.2% *
Sport climbing	41,612	0.6%	23,485	0.7%	18,127	0.5%
Squash	32,778	0.5%	25,257	0.7%	7,014 *	0.2% *
Surfing	117,695	1.7%	72,447	2.1%	44,763	1.3%
Swimming	1,181,365	16.9%	562,066	16.3%	611,835	17.3%
Sword fighting	505 **	0.0% **	505 **	0.0% **	0 **	0.0% **

Activity	Persons				Males				Females			
	Number		Participation rate (%)		Number		Participation rate (%)		Number		Participation rate (%)	
Synchronised swimming	2,812	*	0.0%	*	1,491	**	0.0%	**	1,321	**	0.0%	**
Table tennis	125,682		1.8%		86,017		2.5%		39,665		1.1%	
Taekwondo/ Taekwon-do	7,072	*	0.1%	*	3,687	*	0.1%	*	3,385	*	0.1%	*
Tee ball	3,671	*	0.1%	*	3,671	*	0.1%	*	0	**	0.0%	**
Tennis	419,369		6.0%		238,832		6.9%		180,537		5.1%	
Tenpin bowling	42,964		0.6%		23,865		0.7%		19,099		0.5%	
Tobogganing	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**
Touch football	75,833		1.1%		51,146		1.5%		24,687		0.7%	
Triathlon	4,795	*	0.1%	*	2,651	**	0.1%	**	2,145	**	0.1%	**
Underwater sports	56,992		0.8%		27,507		0.8%		28,899		0.8%	
Virtual based physical activity	59,319		0.8%		30,836		0.9%		27,545		0.8%	
Volleyball (indoor and outdoor)	87,419		1.2%		51,951		1.5%		35,469		1.0%	
Walking (Recreational)	3,377,412		48.2%		1,388,329		40.3%		1,975,606		56.0%	
Water polo	9,081	*	0.1%	*	5,447	*	0.2%	*	3,634	*	0.1%	*
Waterskiing/ Wakeboarding	11,148		0.2%		6,896	*	0.2%	*	4,252	*	0.1%	*
Weight lifting	102,149		1.5%		52,130		1.5%		50,019		1.4%	
Wheelchair rugby	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**
Wood chopping	1,183	**	0.0%	**	1,183	**	0.0%	**	0	**	0.0%	**
Wrestling	1,988	**	0.0%	**	1,988	**	0.1%	**	0	**	0.0%	**
Yoga	348,249		5.0%		49,839		1.4%		296,960		8.4%	

Notes:

Estimated participant numbers have not been rounded but users must remember that they are estimates and are subject to margins of error.

AusPlay collects data on gender, including non-binary and self-described. Non-binary and self-described gender are included in Total columns but not reported separately due to sample size. The sum of male and female estimates is not therefore equal to the total.

* Estimate has relative margin of error between 50% and 100% and should be used with caution.

** Estimate has relative margin of error greater than 100% and is considered too unreliable to use.

Figure 56: Table XX. AusPlay survey results January 20024 - December 2024: Participation by organised activity (adults)

Activity	Persons				Males				Females			
	Number		Participation rate (%)		Number		Participation rate (%)		Number		Participation rate (%)	
Adventure racing	8,722	*	0.1%	*	6,630	*	0.2%	*	1,603	**	0.0%	**
Air sports	17,312		0.2%		11,041		0.3%		6,271	*	0.2%	*
Archery	9,724	*	0.1%	*	3,681	*	0.1%	*	6,043	*	0.2%	*
Athletics, track and field	55,209		0.8%		38,969		1.1%		16,240		0.5%	
Australian football	62,775		0.9%		42,741		1.2%		19,532		0.6%	
Badminton	60,316		0.9%		34,963		1.0%		25,352		0.7%	
Baseball	20,094		0.3%		12,638		0.4%		7,456	*	0.2%	*
Basketball	148,145		2.1%		105,002		3.1%		43,143		1.2%	
Baton twirling	927	**	0.0%	**	0	**	0.0%	**	927	**	0.0%	**
Biathlon	2,073	**	0.0%	**	1,436	**	0.0%	**	636	**	0.0%	**
Billiards/Snooker/ Pool	5,753	*	0.1%	*	4,768	*	0.1%	*	986	**	0.0%	**
BMX	2,076	**	0.0%	**	1,124	**	0.0%	**	952	**	0.0%	**
Bobsledding	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**
Bocce/Boules	1,265	**	0.0%	**	936	**	0.0%	**	328	**	0.0%	**
Boccia	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**
Body building	933	**	0.0%	**	509	**	0.0%	**	424	**	0.0%	**
Boomerang throwing	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**
Bowls	60,380		0.9%		38,537		1.1%		21,844		0.6%	
Boxing	38,618		0.6%		22,477		0.7%		16,141		0.5%	
Broomball	542	**	0.0%	**	542	**	0.0%	**	0	**	0.0%	**
Bush walking	177,492		2.5%		71,650		2.1%		105,842		3.0%	
Calisthenics	3,083	**	0.0%	**	2,586	**	0.1%	**	497	**	0.0%	**
Campdrafting	1,018	**	0.0%	**	0	**	0.0%	**	1,018	**	0.0%	**
Canoeing/ Kayaking	19,773		0.3%		7,828	*	0.2%	*	11,944		0.3%	
Circus	1,612	**	0.0%	**	596	**	0.0%	**	1,016	**	0.0%	**
Cricket	115,099		1.6%		99,032		2.9%		16,067		0.5%	
Croquet	3,548	**	0.1%	**	2,702	**	0.1%	**	846	**	0.0%	**
Crossfit	37,033		0.5%		15,639		0.5%		21,395		0.6%	
Curling	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**
Cycling	69,573		1.0%		40,807		1.2%		28,259		0.8%	
DanceSport	58,186		0.8%		10,213	*	0.3%	*	47,973		1.4%	
Dancing (recreational)	78,693		1.1%		17,930		0.5%		58,777		1.7%	
Darts	1,525	**	0.0%	**	1,178	**	0.0%	**	347	**	0.0%	**
Diving	1,321	**	0.0%	**	520	**	0.0%	**	801	**	0.0%	**
Dodgeball	6,927	*	0.1%	*	3,064	*	0.1%	*	3,863	*	0.1%	*
Dragon boat racing	7,376	*	0.1%	*	3,220	*	0.1%	*	4,156	*	0.1%	*
Eight ball	1,444	**	0.0%	**	528	**	0.0%	**	916	**	0.0%	**
Equestrian	17,570		0.3%		2,373	**	0.1%	**	14,683		0.4%	

Activity	Persons			Males			Females		
	Number	Participation rate (%)		Number	Participation rate (%)		Number	Participation rate (%)	
eSports	10,892	*	0.2%	*	7,906	*	0.2%	*	2,985
Fencing	5,056	*	0.1%	*	2,697	**	0.1%	**	2,359
Fishing (recreational)	6,381	*	0.1%	*	4,914	*	0.1%	*	1,468
Fitness/Gym	854,060		12.2%		330,593		9.6%		522,896
Floorball	501	**	0.0%	**	501	**	0.0%	**	0
Flying disc	11,642		0.2%		7,192	*	0.2%	*	4,450
Football/soccer	332,395		4.7%		241,230		7.0%		89,580
Gaelic football	3,289	**	0.0%	**	2,793	*	0.1%	*	496
Geocaching	544	**	0.0%	**	544	**	0.0%	**	0
Goalball	0	**	0.0%	**	0	**	0.0%	**	0
Golf	195,135		2.8%		156,370		4.5%		38,765
Gridiron	1,973	**	0.0%	**	1,133	**	0.0%	**	840
Guides	0	**	0.0%	**	0	**	0.0%	**	0
Gymnastics	18,212		0.3%		3,311	*	0.1%	*	14,416
Handball	6,541	*	0.1%	*	2,341	**	0.1%	**	4,200
Harness racing	0	**	0.0%	**	0	**	0.0%	**	0
Hockey	29,281		0.4%		13,205		0.4%		16,076
Horse racing	946	**	0.0%	**	0	**	0.0%	**	946
Ice hockey	5,983	*	0.1%	*	3,875	*	0.1%	*	2,109
Ice racing/speed skating	0	**	0.0%	**	0	**	0.0%	**	0
Ice skating	9,139	*	0.1%	*	5,090	*	0.1%	*	4,050
Jet skiing	1,105	**	0.0%	**	528	**	0.0%	**	578
Judo	4,588	*	0.1%	*	1,123	**	0.0%	**	3,465
Jujitsu	15,024		0.2%		12,299		0.4%		2,725
Karate	12,703		0.2%		6,195	*	0.2%	*	5,980
Kendo	683	**	0.0%	**	683	**	0.0%	**	0
Kitesurfing/ kiteboarding	0	**	0.0%	**	0	**	0.0%	**	0
Korfball	0	**	0.0%	**	0	**	0.0%	**	0
Kung fu wushu	1,089	**	0.0%	**	1,089	**	0.0%	**	0
Lacrosse	0	**	0.0%	**	0	**	0.0%	**	0
Lifesaving royal	0	**	0.0%	**	0	**	0.0%	**	0
Lifesaving surf	11,314		0.2%		10,068	*	0.3%	*	1,246
Luging	0	**	0.0%	**	0	**	0.0%	**	0
Marching	0	**	0.0%	**	0	**	0.0%	**	0
Martial arts	23,337		0.3%		8,644	*	0.3%	*	14,694
Mixed martial arts	3,214	**	0.0%	**	2,741	*	0.1%	*	473
Modern pentathlon	0	**	0.0%	**	0	**	0.0%	**	0
Motor cycling	27,301		0.4%		19,457		0.6%		7,844
Motor sport	12,411		0.2%		9,693	*	0.3%	*	2,718
Mountain biking	4,193	**	0.1%	**	2,144	**	0.1%	**	2,048
Mountain climbing	3,324	**	0.0%	**	1,124	**	0.0%	**	2,200

Activity	Persons			Males			Females		
	Number	Participation rate (%)		Number	Participation rate (%)		Number	Participation rate (%)	
Muay Thai	6,721	*	0.1%	*	2,680	**	0.1%	**	4,042
Netball	119,977		1.7%		12,589		0.4%		107,388
Obstacle	2,193	**	0.0%	**	571	**	0.0%	**	1,623
Orienteering	1,552	**	0.0%	**	1,010	**	0.0%	**	542
Outrigger canoe	3,880	**	0.1%	**	3,332	*	0.1%	*	547
Oztag	38,890		0.6%		22,218		0.6%		16,673
Paddle sports	6,593	*	0.1%	*	3,623	*	0.1%	*	2,970
Paintball	2,601	**	0.0%	**	2,096	**	0.1%	**	505
Parkour	0	**	0.0%	**	0	**	0.0%	**	0
Petanque	340	**	0.0%	**	0	**	0.0%	**	340
Physical Culture	6,218	*	0.1%	*	546	**	0.0%	**	5,672
Pickleball/padel	47,802		0.7%		23,966		0.7%		23,382
Pilates	323,299		4.6%		31,636		0.9%		291,193
Polo	0	**	0.0%	**	0	**	0.0%	**	0
Polocrosse	0	**	0.0%	**	0	**	0.0%	**	0
Pony Club	1,244	**	0.0%	**	867	**	0.0%	**	376
Powerlifting	1,016	**	0.0%	**	0	**	0.0%	**	1,016
Ready Steady Go Kids	1,777	**	0.0%	**	1,256	**	0.0%	**	521
Rock climbing/ Abseiling/Caving	10,136	*	0.1%	*	4,607	*	0.1%	*	5,529
Rodeo	0	**	0.0%	**	0	**	0.0%	**	0
Rogaining	0	**	0.0%	**	0	**	0.0%	**	0
Roller Derby	0	**	0.0%	**	0	**	0.0%	**	0
Rope skipping	2,464	**	0.0%	**	1,894	**	0.1%	**	571
Rowing	12,146		0.2%		7,159	*	0.2%	*	4,987
Rugby league	55,996		0.8%		44,112		1.3%		11,884
Rugby union	27,484		0.4%		23,124		0.7%		4,360
Running/jogging	338,248		4.8%		188,159		5.5%		149,604
Sailing	10,191	*	0.1%	*	8,279	*	0.2%	*	1,912
Scootering	502	**	0.0%	**	0	**	0.0%	**	502
Scouts	0	**	0.0%	**	0	**	0.0%	**	0
Sepak takraw	0	**	0.0%	**	0	**	0.0%	**	0
Shooting/field	6,840	*	0.1%	*	6,440	*	0.2%	*	400
Shooting/range	8,136	*	0.1%	*	6,192	*	0.2%	*	1,945
Skate	4,550	*	0.1%	*	1,082	**	0.0%	**	3,468
Skeleton	0	**	0.0%	**	0	**	0.0%	**	0
Ski & snowboard	17,892		0.3%		11,599		0.3%		6,293
Skirmish	0	**	0.0%	**	0	**	0.0%	**	0
Softball	10,737	*	0.2%	*	3,272	*	0.1%	*	7,465
Sport climbing	8,187	*	0.1%	*	4,348	*	0.1%	*	3,838
Squash	13,395		0.2%		10,375	*	0.3%	*	3,020
Surfing	14,219		0.2%		6,390	*	0.2%	*	7,829
Swimming	214,206		3.1%		100,162		2.9%		113,590
Sword fighting	505	**	0.0%	**	505	**	0.0%	**	0

Activity	Persons				Males				Females			
	Number		Participation rate (%)		Number		Participation rate (%)		Number		Participation rate (%)	
Synchronised swimming	1,872	**	0.0%	**	976	**	0.0%	**	897	**	0.0%	**
Table tennis	40,904		0.6%		27,355		0.8%		13,549		0.4%	
Taekwondo/ Taekwon-do	7,072	*	0.1%	*	3,687	*	0.1%	*	3,385	*	0.1%	*
Tee ball	2,107	**	0.0%	**	2,107	**	0.1%	**	0	**	0.0%	**
Tennis	162,052		2.3%		89,667		2.6%		72,385		2.1%	
Tenpin bowling	12,578		0.2%		8,827	*	0.3%	*	3,751	*	0.1%	*
Tobogganing	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**
Touch football	52,537		0.8%		33,711		1.0%		18,826		0.5%	
Triathlon	4,795	*	0.1%	*	2,651	**	0.1%	**	2,145	**	0.1%	**
Underwater sports	26,630		0.4%		12,715		0.4%		13,330		0.4%	
Virtual based physical activity	15,483		0.2%		11,013		0.3%		3,959	*	0.1%	*
Volleyball (indoor and outdoor)	51,375		0.7%		31,282		0.9%		20,093		0.6%	
Walking (Recreational)	288,601		4.1%		106,922		3.1%		180,744		5.1%	
Water polo	7,634	*	0.1%	*	4,882	*	0.1%	*	2,752	*	0.1%	*
Waterskiing/ Wakeboarding	2,105	**	0.0%	**	1,553	**	0.0%	**	552	**	0.0%	**
Weight lifting	23,410		0.3%		8,292	*	0.2%	*	15,118		0.4%	
Wheelchair rugby	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**
Wood chopping	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**
Wrestling	515	**	0.0%	**	515	**	0.0%	**	0	**	0.0%	**
Yoga	197,657		2.8%		30,839		0.9%		166,369		4.7%	

Notes:

Organised participation (adults): Activity is carried out on a formal or semi-formal basis, organised by an entity such as a sports or recreation club/association, a gym/fitness club/sports/aquatic centre, a private or commercial business, a personal trainer/coach, an event, work, educational institution, community organisation or social group.

Estimated participant numbers have not been rounded but users must remember that they are estimates and are subject to margins of error.

AusPlay collects data on gender, including non-binary and self-described. Non-binary and self-described gender are included in Total columns but not reported separately due to sample size. The sum of male and female estimates is not therefore equal to the total.

* Estimate has relative margin of error between 50% and 100% and should be used with caution.

** Estimate has relative margin of error greater than 100% and is considered too unreliable to use.

Figure 57: Table XX. AusPlay survey results January 20024 - December 2024: Participation by activity (children) (organised outside of school hours)

Activity	Persons				Males				Females			
	Number		Participation rate (%)		Number		Participation rate (%)		Number		Participation rate (%)	
Adventure racing	3,195	*	0.2%	*	2,760	*	0.4%	*	435	**	0.1%	**
Air sports	5,428	*	0.4%	*	3,636	*	0.5%	*	1,792	**	0.3%	**
Archery	2,942	*	0.2%	*	2,942	*	0.4%	*	0	**	0.0%	**
Athletics, track and field	58,581		3.9%		32,150		4.1%		26,431		3.7%	
Australian football	43,560		2.9%		30,202		3.9%		12,570		1.8%	
Badminton	9,331		0.6%		4,743	*	0.6%	*	4,588	*	0.6%	*
Baseball	11,819		0.8%		9,027		1.2%		2,792	*	0.4%	*
Basketball	82,691		5.5%		61,195		7.8%		21,159		3.0%	
Baton twirling	1,650	**	0.1%	**	1,650	**	0.2%	**	0	**	0.0%	**
Biathlon	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**
Billiards/Snooker/ Pool	535	**	0.0%	**	0	**	0.0%	**	535	**	0.1%	**
BMX	2,871	*	0.2%	*	2,871	*	0.4%	*	0	**	0.0%	**
Bobsledding	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**
Bocce/Boules	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**
Boccia	556	**	0.0%	**	556	**	0.1%	**	0	**	0.0%	**
Body building	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**
Boomerang throwing	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**
Bowls	539	**	0.0%	**	539	**	0.1%	**	0	**	0.0%	**
Boxing	3,056	*	0.2%	*	3,056	*	0.4%	*	0	**	0.0%	**
Broomball	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**
Bush walking	14,917		1.0%		7,403	*	0.9%	*	7,514	*	1.1%	*
Calisthenics	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**
Campdrafting	575	**	0.0%	**	575	**	0.1%	**	0	**	0.0%	**
Canoeing/ Kayaking	797	**	0.1%	**	337	**	0.0%	**	460	**	0.1%	**
Circus	1,892	**	0.1%	**	475	**	0.1%	**	1,417	**	0.2%	**
Cricket	45,769		3.0%		38,091		4.9%		7,679	*	1.1%	*
Croquet	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**
Crossfit	1,955	**	0.1%	**	1,955	**	0.2%	**	0	**	0.0%	**
Curling	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**
Cycling	28,669		1.9%		17,374		2.2%		11,296		1.6%	
DanceSport	35,783		2.4%		6,717	*	0.9%	*	29,067		4.1%	
Dancing (recreational)	94,503		6.3%		12,059		1.5%		82,443		11.6%	
Darts	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**
Diving	377	**	0.0%	**	377	**	0.0%	**	0	**	0.0%	**
Dodgeball	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**
Dragon boat racing	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**
Eight ball	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**

Activity	Persons				Males				Females			
	Number		Participation rate (%)		Number		Participation rate (%)		Number		Participation rate (%)	
Equestrian	4,012	*	0.3%	*	1,583	**	0.2%	**	2,428	*	0.3%	*
eSports	337	**	0.0%	**	337	**	0.0%	**	0	**	0.0%	**
Fencing	801	**	0.1%	**	337	**	0.0%	**	464	**	0.1%	**
Fishing (recreational)	3,437	*	0.2%	*	2,914	*	0.4%	*	523	**	0.1%	**
Fitness/Gym	24,635		1.6%		9,152		1.2%		15,484		2.2%	
Floorball	521	**	0.0%	**	521	**	0.1%	**	0	**	0.0%	**
Flying disc	1,371	**	0.1%	**	836	**	0.1%	**	535	**	0.1%	**
Football/soccer	274,896		18.3%		198,779		25.4%		76,117		10.7%	
Gaelic football	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**
Geocaching	716	**	0.0%	**	716	**	0.1%	**	0	**	0.0%	**
Goalball	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**
Golf	5,750	*	0.4%	*	4,376	*	0.6%	*	1,373	**	0.2%	**
Gridiron	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**
Guides	2,581	*	0.2%	*	0	**	0.0%	**	2,581	*	0.4%	*
Gymnastics	96,621		6.4%		18,457		2.4%		77,612		10.9%	
Handball	1,565	**	0.1%	**	1,117	**	0.1%	**	447	**	0.1%	**
Harness racing	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**
Hockey	8,016	*	0.5%	*	4,454	*	0.6%	*	3,562	*	0.5%	*
Horse racing	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**
Ice hockey	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**
Ice racing/speed skating	632	**	0.0%	**	0	**	0.0%	**	632	**	0.1%	**
Ice skating	3,535	*	0.2%	*	1,481	**	0.2%	**	2,054	**	0.3%	**
Jet skiing	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**
Judo	2,237	*	0.1%	*	1,129	**	0.1%	**	1,109	**	0.2%	**
Jujitsu	18,616		1.2%		13,611		1.7%		5,005	*	0.7%	*
Karate	27,755		1.8%		18,375		2.3%		9,380		1.3%	
Kendo	327	**	0.0%	**	327	**	0.0%	**	0	**	0.0%	**
Kitesurfing/ kiteboarding	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**
Korfball	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**
Kung fu wushu	1,190	**	0.1%	**	1,190	**	0.2%	**	0	**	0.0%	**
Lacrosse	1,470	**	0.1%	**	579	**	0.1%	**	891	**	0.1%	**
Lifesaving royal	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**
Lifesaving surf	16,398		1.1%		7,624	*	1.0%	*	8,774		1.2%	
Luging	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**
Marching	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**
Martial arts	7,412	*	0.5%	*	4,260	*	0.5%	*	3,152	*	0.4%	*
Mixed martial arts	3,370	*	0.2%	*	2,175	**	0.3%	**	1,195	**	0.2%	**
Modern pentathlon	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**
Motor cycling	6,326	*	0.4%	*	3,671	*	0.5%	*	2,655	*	0.4%	*
Motor sport	770	**	0.1%	**	770	**	0.1%	**	0	**	0.0%	**
Mountain biking	2,724	*	0.2%	*	2,074	**	0.3%	**	650	**	0.1%	**

Activity	Persons				Males				Females			
	Number		Participation rate (%)		Number		Participation rate (%)		Number		Participation rate (%)	
Mountain climbing	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**
Muay Thai	1,501	**	0.1%	**	1,501	**	0.2%	**	0	**	0.0%	**
Netball	58,233		3.9%		2,203	*	0.3%	*	56,030		7.9%	
Obstacle	1,146	**	0.1%	**	0	**	0.0%	**	1,146	**	0.2%	**
Orienteering	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**
Outrigger canoe	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**
Oztag	17,584		1.2%		11,633		1.5%		5,951	*	0.8%	*
Paddle sports	337	**	0.0%	**	337	**	0.0%	**	0	**	0.0%	**
Paintball	481	**	0.0%	**	481	**	0.1%	**	0	**	0.0%	**
Parkour	1,285	**	0.1%	**	1,285	**	0.2%	**	0	**	0.0%	**
Petanque	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**
Physical Culture	2,184	**	0.1%	**	616	**	0.1%	**	1,569	**	0.2%	**
Pickleball/padel	481	**	0.0%	**	481	**	0.1%	**	0	**	0.0%	**
Pilates	447	**	0.0%	**	0	**	0.0%	**	447	**	0.1%	**
Polo	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**
Polocrosse	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**
Pony Club	2,169	**	0.1%	**	616	**	0.1%	**	1,553	**	0.2%	**
Powerlifting	616	**	0.0%	**	616	**	0.1%	**	0	**	0.0%	**
Ready Steady Go Kids	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**
Rock climbing/ Abseiling/Caving	2,233	*	0.1%	*	1,773	**	0.2%	**	460	**	0.1%	**
Rodeo	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**
Rogaining	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**
Roller Derby	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**
Rope skipping	2,250	*	0.1%	*	0	**	0.0%	**	2,250	*	0.3%	*
Rowing	1,196	**	0.1%	**	732	**	0.1%	**	464	**	0.1%	**
Rugby league	45,945		3.1%		35,593		4.5%		10,351		1.5%	
Rugby union	11,416		0.8%		9,379		1.2%		2,037	**	0.3%	**
Running/jogging	43,091		2.9%		23,410		3.0%		19,681		2.8%	
Sailing	1,039	**	0.1%	**	1,039	**	0.1%	**	0	**	0.0%	**
Scootering	5,604	*	0.4%	*	3,898	*	0.5%	*	1,706	**	0.2%	**
Scouts	2,413	*	0.2%	*	972	**	0.1%	**	1,441	**	0.2%	**
Sepak takraw	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**
Shooting/field	377	**	0.0%	**	377	**	0.0%	**	0	**	0.0%	**
Shooting/range	427	**	0.0%	**	0	**	0.0%	**	427	**	0.1%	**
Skate	4,467	*	0.3%	*	2,186	**	0.3%	**	2,281	*	0.3%	*
Skeleton	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**
Ski & snowboard	4,230	*	0.3%	*	2,215	*	0.3%	*	2,016	**	0.3%	**
Skirmish	0	**	0.0%	**	0	**	0.0%	**	0	**	0.0%	**
Softball	2,804	*	0.2%	*	992	**	0.1%	**	1,811	**	0.3%	**
Sport climbing	2,829	*	0.2%	*	2,197	*	0.3%	*	632	**	0.1%	**
Squash	1,388	**	0.1%	**	952	**	0.1%	**	435	**	0.1%	**
Surfing	9,206		0.6%		4,613	*	0.6%	*	4,593	*	0.6%	*
Swimming	373,104		24.9%		187,709		24.0%		184,305		25.9%	

Activity	Persons		Males		Females	
	Number	Participation rate (%)	Number	Participation rate (%)	Number	Participation rate (%)
Sword fighting	0 **	0.0% **	0 **	0.0% **	0 **	0.0% **
Synchronised swimming	1,293 **	0.1% **	571 **	0.1% **	722 **	0.1% **
Table tennis	4,955 *	0.3% *	3,567 *	0.5% *	1,387 **	0.2% **
Taekwondo/ Taekwon-do	7,415 *	0.5% *	4,161 *	0.5% *	3,255 *	0.5% *
Tee ball	3,466 *	0.2% *	1,577 **	0.2% **	1,889 **	0.3% **
Tennis	52,005	3.5%	27,956	3.6%	24,049	3.4%
Tenpin bowling	2,111 **	0.1% **	377 **	0.0% **	1,734 **	0.2% **
Tobogganing	0 **	0.0% **	0 **	0.0% **	0 **	0.0% **
Touch football	20,690	1.4%	13,365	1.7%	7,325 *	1.0% *
Triathlon	0 **	0.0% **	0 **	0.0% **	0 **	0.0% **
Underwater sports	1,305 **	0.1% **	770 **	0.1% **	535 **	0.1% **
Virtual based physical activity	5,542 *	0.4% *	3,140 *	0.4% *	2,402 *	0.3% *
Volleyball (indoor and outdoor)	7,594 *	0.5% *	2,961 *	0.4% *	4,633 *	0.7% *
Walking (Recreational)	40,874	2.7%	18,926	2.4%	21,947	3.1%
Water polo	3,005 *	0.2% *	1,730 **	0.2% **	1,275 **	0.2% **
Waterskiing/ Wakeboarding	0 **	0.0% **	0 **	0.0% **	0 **	0.0% **
Weight lifting	0 **	0.0% **	0 **	0.0% **	0 **	0.0% **
Wheelchair rugby	0 **	0.0% **	0 **	0.0% **	0 **	0.0% **
Wood chopping	0 **	0.0% **	0 **	0.0% **	0 **	0.0% **
Wrestling	337 **	0.0% **	337 **	0.0% **	0 **	0.0% **
Yoga	4,137 *	0.3% *	653 **	0.1% **	3,484 *	0.5% *

Notes:

Please note that for children 0-14 years, data was collected via the child's parent/guardian for organised participation outside of school hours.

Estimated participant numbers have not been rounded but users must remember that they are estimates and are subject to margins of error.

AusPlay collects data on gender, including non-binary and self-described. Non-binary and self-described gender are included in Total columns but not reported separately due to sample size. The sum of male and female estimates is not therefore equal to the total.

* Estimate has relative margin of error between 50% and 100% and should be used with caution.

** Estimate has relative margin of error greater than 100% and is considered too unreliable to use.

Figure 59: Participation rates for children in NSW by activity type (July 2024/ June 2025)

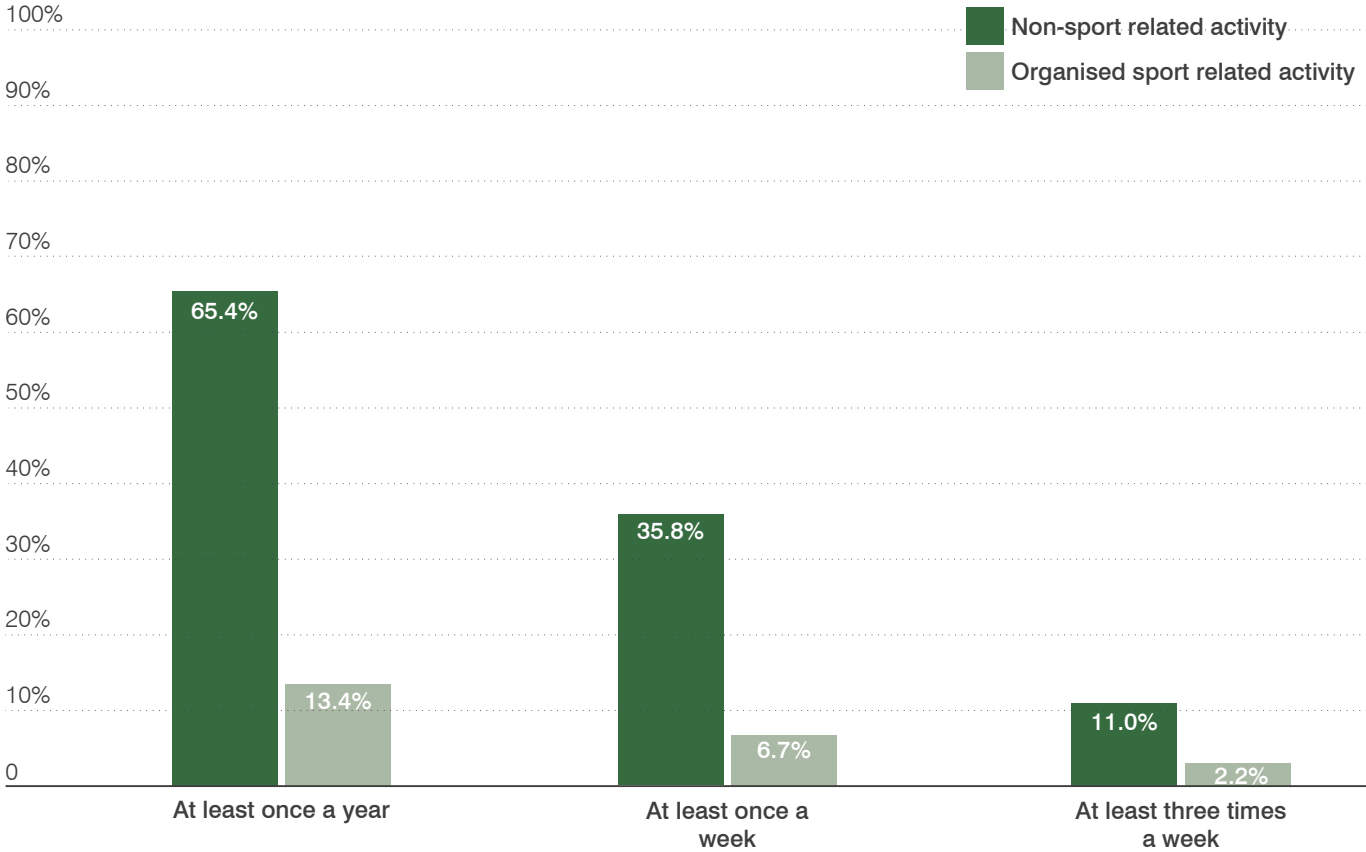
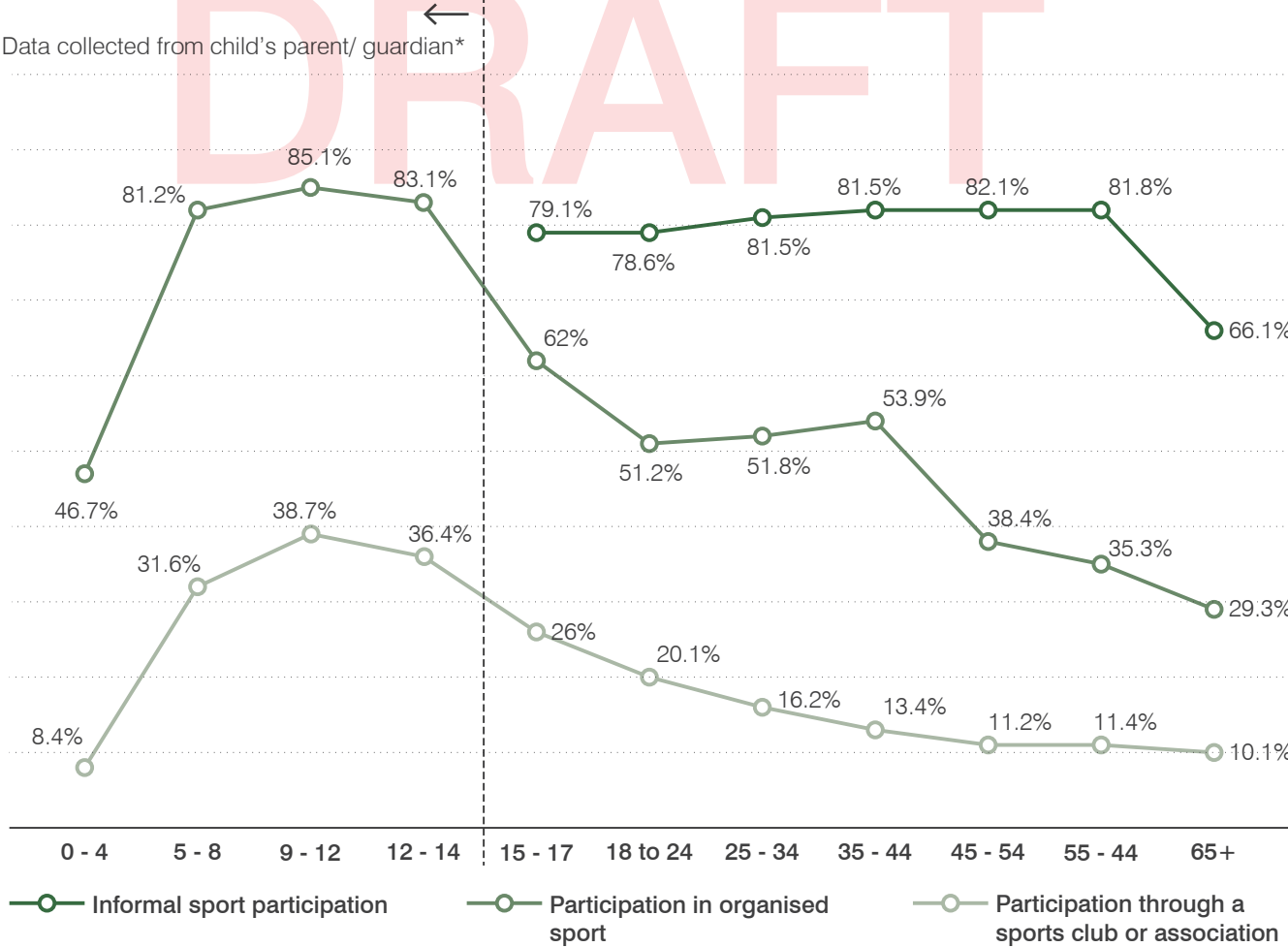


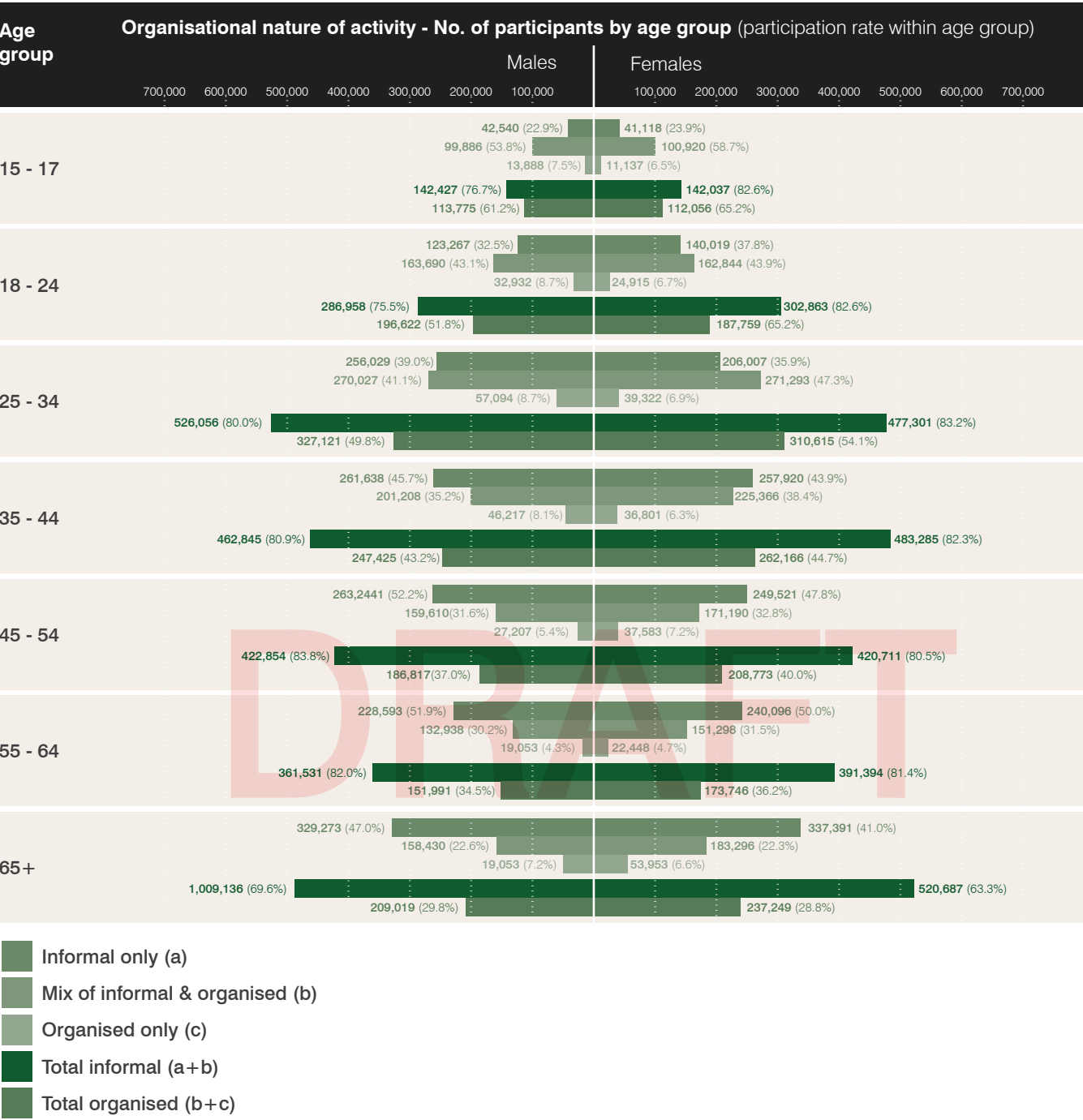
Figure 58: Participation rates in NSW by age group (July 2024/ June 2025)



Notes:

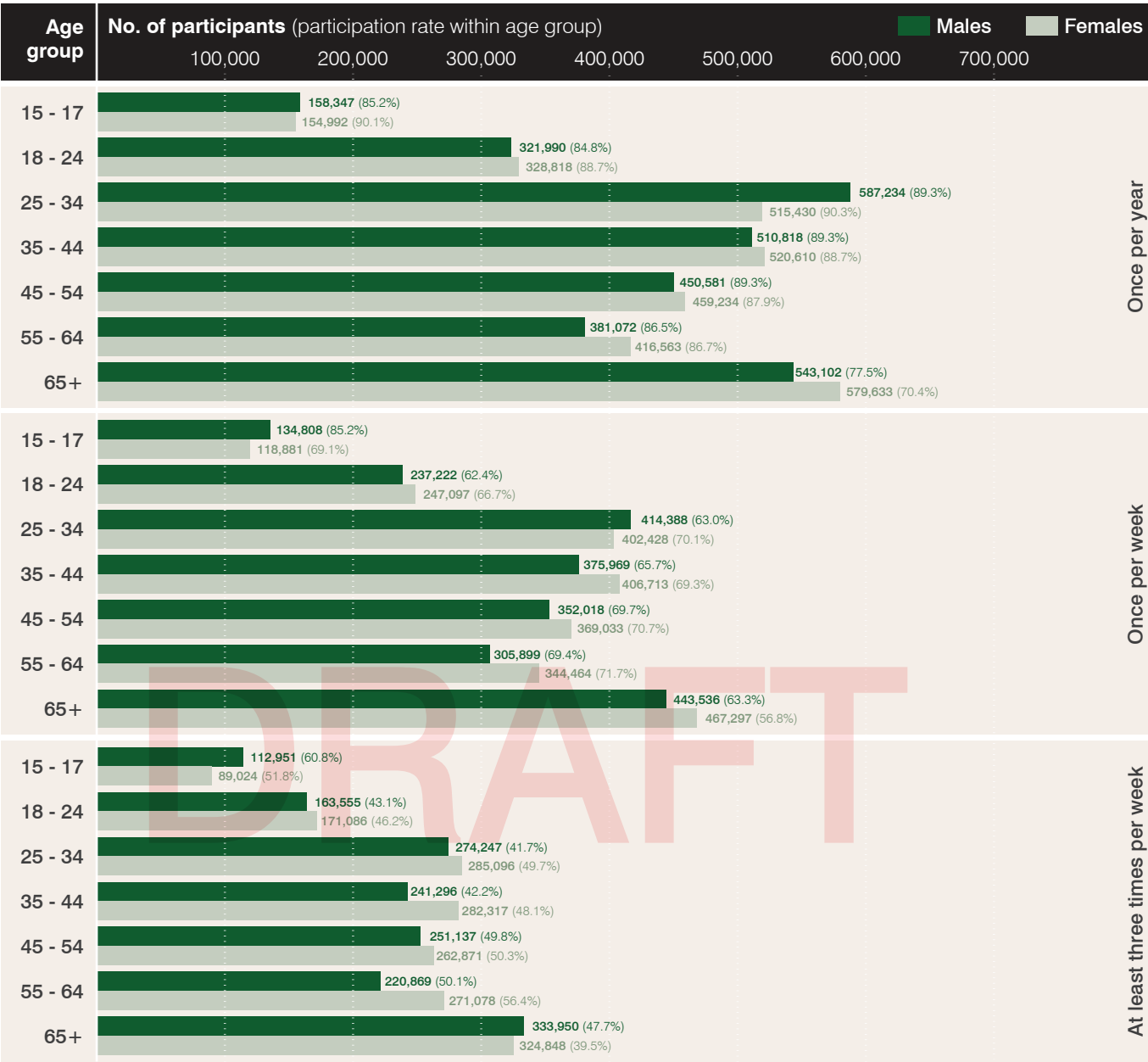
* Only organised out-of-school hours activities are included in AusPlay's child data collection.

Figure 60: No of participants and participation rates for adults in NSW by activity type, gender and age group (July 2024/ June 2025)



For children aged 0 to 14, AusPlay relies on data collected via the child's parent/ guardian for organised participation outside of school hours. 1,070,051 or 71.3% of children in NSW participate in organised sport or physical activity outside of school hours at least once a year. 603,127 or 40.2% participate once a week and 20,422 or 13.4% participate at least 3 times a week. The predominant type of activity for children outside school hours is sport related.

Figure 61: No of participants and participation rates for adults in NSW by gender and age group (July 2024/ June 2025)



Appendix 6

Urban renewal

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Green Square Plaza
Photo: Katherine Griffiths

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Since the 2016 Study, the City of Sydney's population growth has largely been absorbed within designated urban renewal areas, with only limited infill development in established neighbourhoods. This pattern is expected to continue through to 2046.

Major redevelopments have already taken place in Central Park, Harold Park, and Darling Harbour Live, alongside significant progress in Green Square, the Ashmore Estate, and Barangaroo. Looking ahead, the following precincts will be the primary focus of population growth and increased residential density:

1. Green Square
2. Ashmore Precinct
3. Barangaroo
4. Bays Precinct
5. Central to Eveleigh

1. Green Square

spans 278 hectares, encompassing Zetland and Beaconsfield, and parts of Waterloo, Alexandria, and Rosebery. Its population has surged from 2,500 in 2016 to an estimated 41,900 in June 2024. By 2022, the precinct supported 13,830 jobs (FES 2022).

By 2041, Green Square is projected to deliver 33,000 dwellings, accommodate 63,400 residents, and support up to 22,000 workers. This equates to a residential density of approximately 22,800 people per square kilometre—among the highest in Australia. For comparison, Manhattan averages 27,400, while Greater Sydney averages just 440.



McPherson Park proposal in the Ashmore Estate
Source: arcadiala.com.au/projects/residential/park-sydney/

2. The Ashmore precinct

is located in Erskineville. The 17-hectare precinct is bounded by Ashmore Street, Mitchell Road, Coulson Street, and the Bankstown rail line. The masterplan proposed up to 3,785 new homes for around 6,300 residents, supported by 15,500 square metres of open space.

As of 2025, most of the precinct has been completed, with the Coronation Property site (including McPherson Park) and Brightwell Transport sites still under development.



Barangaroo Harbour Park Image: AKIN
Source: yerrabingin.com.au/projectlist/barangaroo-harbour-park

3. Barangaroo

is a 22ha precinct on the north-western edge of Sydney's city centre, combining commercial and residential buildings with extensive public open space. It is planned to support up to 23,000 jobs and house approximately 3,500 residents.

While much of Barangaroo has been delivered, Central Barangaroo remains under construction. This final stage will add 104,000 square metres of gross floor area, including up to 75,000 square metres of residential space and a new harbour park.

4. The Bays Precinct

comprises 80 hectares of government-owned land and 94 hectares of harbour waterways, located just 2km west of the city centre. It includes Blackwattle Bay, Wentworth Park, Glebe Island, White Bay, Rozelle Railyards, and the White Bay Power Station.

At Bays Precinct urban renewal is progressing across three key sites:

Sydney Fish Market

recently completed, delivering over 6,000m² of new public open space, including a waterfront promenade, park, and plaza.

Blackwattle Bay

rezoning allows for 97,500m² of residential GFA (housing 2,400 residents), 100,000m² of commercial/retail GFA (supporting 5,600 jobs), and 34,000m² of public space, including a foreshore promenade and a 1.1-hectare waterfront park near the Anzac Bridge.

Bays West

supported by the future Bays Metro station (opening 2032), the precinct is forecast to accommodate 8,500 dwellings and 12,351 workers. Stage 1 will provide about 4.16 hectares of new public open space, including 2 hectares of green parkland such as the future White Bay Park. The precinct will feature a growing pedestrian and cycling network, with proposal to reinstate Glebe Island Bridge Crossing to create an active travel link between Bays West and Pyrmont, as well as additional connections planned to Rozelle, Balmain and Glebe.



Bays Market District Masterplan Illustration: Mark Gerad
Source: fjcstudio.com/urban/

5. The Central to Eveleigh Urban Transformation Strategy (2016)

outlines renewal across 50 hectares of government-owned land, including the Waterloo Estate, Central Station precinct, and North and South Eveleigh.

Waterloo Estate South

will deliver around 3,000 new homes, including 1,000 social housing dwellings, 600 affordable homes, and 1,400 private residences. Half of all housing will be dedicated to social and affordable tenures, with specific allocations for Aboriginal and Torres Strait Islander residents. The redevelopment will accommodate 6,000–7,000 people and provide over 2 hectares of new parkland.

North Eveleigh

a 10-hectare redevelopment delivering 320 dwellings, with at least 15% allocated to affordable housing and 15% to diverse housing types. The precinct will support up to 6,400 jobs in innovation, commercial, and creative industries, alongside 1.12 hectares of public open space and 3,700m²

of community and cultural facilities, including a dedicated Aboriginal community space.

Central Precinct

in August 2025, a revised rezoning proposal was approved for the 24-hectare Central Precinct. The renewal will transform the area around Central Station into a vibrant urban hub, delivering 13,500m² of new public open space across sub-precincts such as Regent Street Sidings, Goulburn Street Carpark, Mortuary Gardens, and Prince Alfred Sidings. The Prince Alfred Park Sidings sub-precinct will require careful integration with the park and surrounding development.

The Entertainment Quarter (EQ)

at Moore Park is currently undergoing a tender process for revitalisation, supported by a long-term lease. Proposals under consideration include a 15,000–20,000 seat indoor arena. Key outcomes for the site will include enhanced open space, improved community recreation facilities, and stronger connections through to Centennial and Moore Park.

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Appendix 7

Other projects for delivery

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Other projects for delivery (refer to Volume 2)

Village			Existing and Future Ownership
CBD and Harbour			
2	George Street North	X	City of Sydney
3	Hunter St Public Domain		City of Sydney
4	Macquarie Place Park		City of Sydney
5	Richard Johnson Square		City of Sydney
6	State Library of NSW public domain upgrade	X	Government Property NSW
Chinatown			
	Central Square	X	TAHE NSW
Green Square and City South			
	Dank Street Precinct	X	City of Sydney (Dedication)
	Mulgu Park	X	City of Sydney (Dedication)
	Zetland Avenue Park	X	City of Sydney (incl dedication)
	Woolwash Park Expansion and Upgrade	X	City of Sydney (incl dedication)
	Biyanbing Park Expansion and Upgrade	X	City of Sydney (incl dedication)
	Garraway Park Stage 2	X	City of Sydney (Dedication)
	Alexandria Park Upgrade	X	City of Sydney

King Street			
	McPherson Park	X	City of Sydney (Dedication)
Harris Street			
	Blackwattle Bay Parks and Public domain	X	Transport for NSW
Oxford Street			
	Green Park Upgrade	X	City of Sydney
Redfern Street			
	North Eveleigh Squares and Parks	X	TAHE NSW
	Redfern Park Playground Upgrade	X	City of Sydney
Surry Hills			
	Eddie Ward Park Upgrade	X	City of Sydney